

How to Use Vaginal Tablets, Suppositories, and Creams

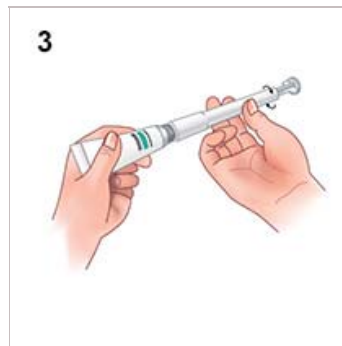
- 1** It is best to use these products just before your bedtime. Lying down will reduce leakage of the medication from your vagina that could possibly occur while standing or walking around.



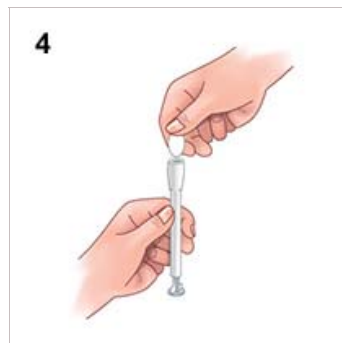
- 2** Wash your vaginal area with a mild soap and water and dry thoroughly. If the product comes as a pre-filled applicator, skip to step 5.



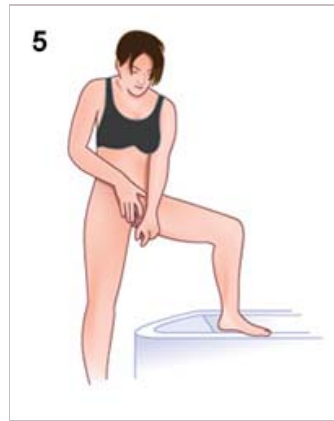
- 3** For vaginal cream products: Attach the applicator to the opening of the tube of cream and twist until firmly attached. Squeeze the cream from the tube into the applicator until it reaches the level indicated for your dose. Twist and remove the applicator from the tube.



- 4** For tablets or suppositories: Remove the medication from the wrapper and place it into the end of the applicator.



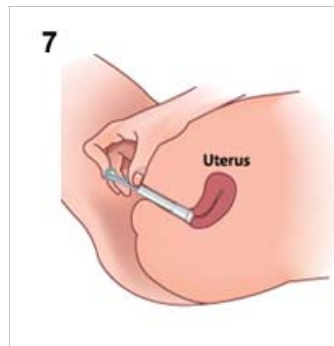
5 Gently insert the applicator into your vagina while you position your body in one of the two ways. Insert the applicator only as far as it will comfortably go. You can stand with your feet apart and your knees bent.



6 Or lie on your back with your knees bent and legs slightly apart.



7 Push the plunger of the applicator until it stops. Remove the applicator from the vagina.



8 If the applicator is reusable, clean it as directed by the manufacturer. This usually involves pulling the two pieces apart and washing them with a mild soap and water. Discard the applicator if it is disposable.



9 Wash your hands thoroughly with soap and warm water.



10 Continue to use the medication for as long as directed by your doctor or on the product labeling. Use the product without skipping any days, even during your menstrual period. You should use sanitary pads if you have your period while using

this medication. Do not use tampons as they can absorb some of the medication and make your treatment less effective.

Remember

- Follow directions carefully
- Do not miss doses
- Store suppositories in a cool place and avoid melting; refrigerate them if so labeled
- Store medications out of reach of children

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